

BLOOM MEDICAL

aesthetic practitioners

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SCAN ME





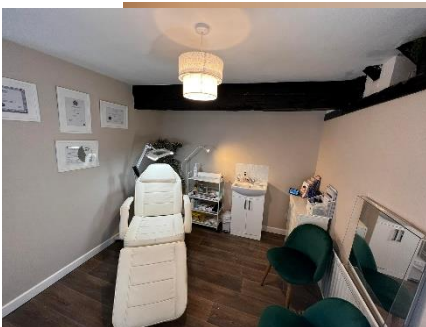
Lena Walliman RGN DipHE BSc Nursing

With over 16 years of Nursing experience, I adopt the less is more approach. I believe we need to enhance our features, not change them.

I will always be honest in my approach and provide natural looking results.

I still work as a nurse to ensure my practice remains up to date, relevant and safe.

I am also an independent prescriber and expert witness.



Anti-Aging Injections

All of our Anti-wrinkle treatments are carried out by fully qualified medical practitioners. 'Anti-wrinkle injections' are a generic term used to describe treatment with the muscle relaxant Botulinum Toxin.

This treatment is used to reduce signs of ageing with common sites including:

- crows feet
- forehead lines
- frown lines (11's) between the brows
- Jaw line

Other areas which can be treated with Botulinum Toxin are:

- Axilla for excessive sweating
- Lips to create a 'flip'
- Masseter jaw reduction (for teeth grinding)
- Upper lip for gummy smile

As Botulinum Toxin takes at least two weeks to take effect, we offer a complimentary aftercare service with a repeat appointment two weeks later to review the treatment and offer any top ups which may be needed.

1 Area	£150
2 Areas	£180
3 Areas	£220
Gummy Smile	£150
Masseter (Jaw)	£300
Axilla (under arm)	£300



Dermal Fillers

Dermal filler treatment can add extra volume, plumpness and definition to your facial features as well as diminish facial lines. Our specialist medical team will advise you on the best filler options available for you.

Areas which can be treated include:

- Lips
- Cheeks
- Chin and Jawline
- Temples
- Nasolabial folds



0.5ml Lip Filler	£150
1ml Lip Filler	£200
1ml Facial Filler (jaw, chin or cheek)	£240
2ml Facial Filler (jaw, chin or cheek)	£400
Temple Filler	£250
Nasolabial Folds	£250
Tear Troughs	£290
Corrective Procedures	
Lip Filler Dissolve	£180
Lip Filler Dissolve + 1ml Lip Filler	£330

8-point face lift

Please call for further details and no-obligation consultation.

Profhilo

Profhilo skin boosters will improve your skin tone and restore the elasticity of sagging and aging skin - giving the skin a tighter and smoother texture within weeks.



Profhilo injectable skin boosters are extremely pure and absent of additives. It has the highest concentration of hyaluronic acid (HA) available on the market which helps to encourage the production of collagen and elastin across the skin.

This minimally invasive treatment tightens and lifts the skin by remodelling ageing and sagging tissues, as well as improving skin texture.

Profhilo will also give your skin added hydration, leaving your complexion glowing. It works by immediately spreading wide within your tissue by injecting it into specific points of the skin.

This treatment is perfect for treating skin on:

- Face
- Neck
- Décolleté
- Hands
- Arm



The procedure entails 2 treatments, 4 weeks apart from each other. The optimal results are visible within 6-8 weeks after the second treatment but often results are seen much sooner. Effect lasts for 6-8 months.

Per Treatment (two treatments are recommended for optimal results) £260

Full Course (Two Treatments 4 weeks apart) £480

Profhilo Body

The acceptance of one's own body, especially for the female gender, has always been a particularly sensitive subject, an area where many fragilities and inner conflicts arise, often leading women to ignore the problem instead of facing it.

One of the most common body imperfections is certainly SKIN LAXITY, the visible signs of which do not appear for everyone at a specific age and with the same evidence in addition to genetics, much depends on the environment, habits and lifestyle.



PROFHILLO® BODY has been designed for tissue remodelling and improvement in skin laxity of the inner arm and the abdomen.

Only 10 points of injection for each area are needed.

Profhilo body is a non-invasive treatment, so it reduces the possibility of bruises and swelling, while maximising the diffusion of the product in the tissues.



Profhilo does not require any prior preparation.

Per Treatment (two treatments are recommended for optimal results)	£300
Full Course (Two Treatments 4 weeks apart)	£560

Microsclerotherapy

Thread Vein Removal

Thread Veins (Spider veins) are like varicose veins but smaller. They are also closer to the surface of the skin than varicose veins. Often, they are red, blue or purple. They can look like tree branches or thread webs with their short, jagged lines. They can be found on the legs and face and can cover either small or large areas of skin. The medical term for them is *telangiectasia*.

Thread veins can be caused by hormonal changes, sun damage or local injury. They can also occur as a result of larger underlying varicose veins which are not always visible. It is important that thread veins are fully investigated using ultrasound to identify the incompetent valves within veins the cause varicose veins, as failure to treat these usually results in early recurrence of thread veins and a poor cosmetic outcome.

Injection microsclerotherapy is a treatment for thread veins which involves injecting a chemical substance called "sclerosant" using fine needles. The sclerosant irritates the inner wall of the veins and causes them to become inflamed; the vein walls then stick together and the vein disappears.

The sclerosant used is sodium tetradecyl sulphate or "fibro-vein", which has been used in the treatment of varicose and thread veins since 1946.

Prior to any thread vein treatment please book for a free consultation to discuss treatment options and expectations.

Per Treatment Session (1 hour)

£200



Short Wave Diathermy

Mole Removal / Skin Tag Removal / Facial Thread Vein Removal

Short Wave Diathermy (or electro-coagulation as it is sometimes called) is a very effective method for treating thread veins and spider veins on the face. A very fine needle is used to prick the skin over the thread veins and spider veins and then an electrical current is passed through the vein which is heated and sealed. Over the course of a few weeks, the vein withers and disperses and becomes much less noticeable.



A mild anaesthetic cream is used to numb the area prior to treatment.

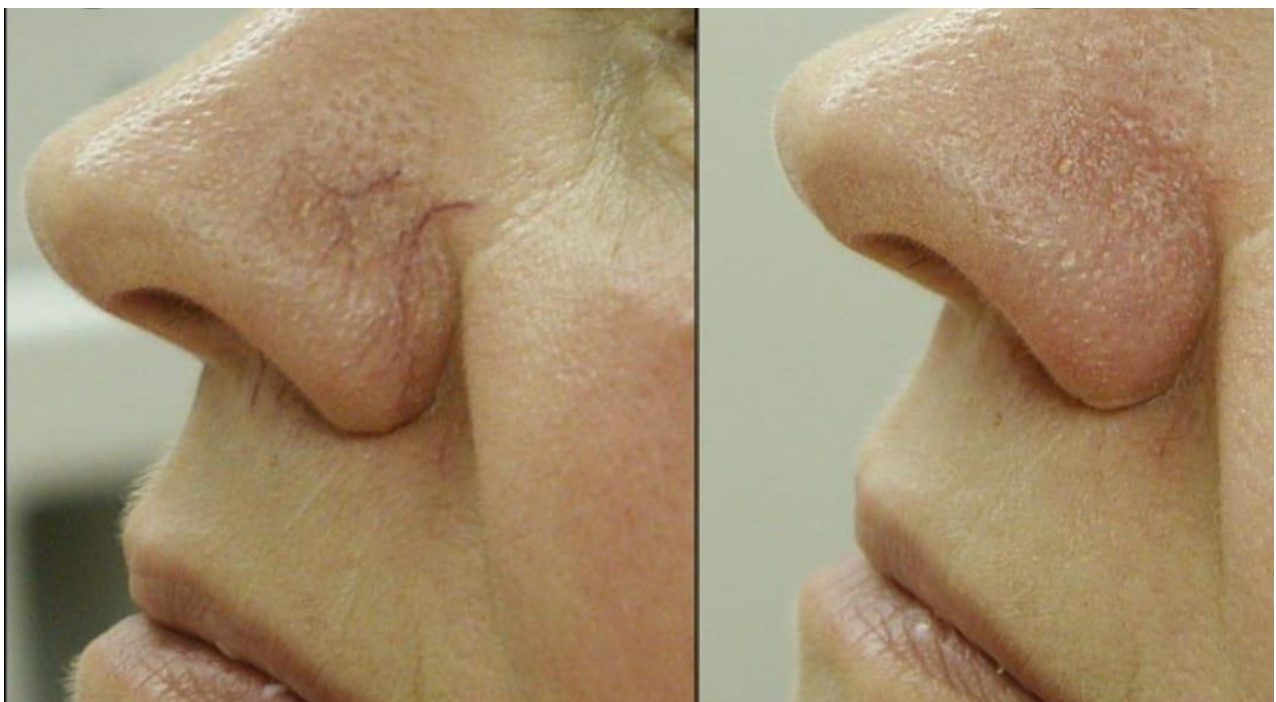
After treatment the skin may be pink or puffy in more sensitive areas, but this will settle in a few hours. A healing process then starts, and the final results will be apparent 4 to 6 weeks after treatment. The success rate for short wave diathermy to facial spider veins and thread veins is 95%.

Prior to any thread vein treatment, please book for a free consultation to discuss treatment options and expectations.

Per Treatment Session (1 hour)

£200

Diathermy is also very effective for the removal of skin tags, unsightly moles and milia.



Vitamin Booster Shots

B12 - Hydroxocobalamin Intramuscular Injection

Vitamin B12 Contributes to:

- Normal energy-yielding metabolism
- Normal functioning of the nervous system
- Normal homocysteine metabolism
- Normal psychological function
- Normal red blood cell formation
- Normal function of the immune system
- Reduction of tiredness and fatigue
- Process of cell division



Recommended Regime:

- One injection each week for 3 weeks. Then every month for 3 months.
- Maintenance dose every three months thereafter.

With any injectables a comprehensive medical history and consultation will be taken first.

Single B12 Injection	£35
Course of 3x B12 Injections	£100
Course of 6x B12 Injections	£180
Course of 14 injections over one year	£350



Also available Vitamin C injections, Hayfever Injections and Weight Loss Support (Saxenda). Please contact for more information.

CRYOSTAR

by artemis.

Non-invasive,
body contouring device
to slim, tone, and lift.



Cryostar – Fat Freezing

Cryostar is a state-of-the-art device from Italy, which uses heat and cold to reduce fat and tone/tighten the skin. The technology is applied using a massage technique, which is painless and non-invasive.

No suction, no surgery. Just incredible results.

How long are Cryostar treatments?

The treatment lasts 20-44 minutes depending on the desired area and treatment type.

How often can I get treatments?

CryoSlimming® treatments can be performed once every 14 days and CryoToning®/CryoFacial treatments can be performed every 3-7 days.

How quickly will I see results?

Results are typically visible after the first 5 treatments - however some can see results immediately. Results continue to improve for 48 hours after the treatment.

How long will results last?

Results will depend on the individual and their lifestyle. CryoSlimming® is permanent with a healthy diet and lifestyle. CryoToning® and CryoFacials require maintenance treatments.

What should I do pre/post treatment?

Avoid working out 2 hours pre-treatment. Avoid carbs/sugars for a minimum of 2 hours before and after the treatment. Drink 1.5L of water for 14 days following the treatment.

The Science

Cryostar works by triggering apoptosis: a natural process of programmed cell death. This process is triggered by the cold temperature of the Cryostar wand to decrease fat, as well as reduce the appearance of cellulite and improve the quality of your skin.

Per CryoSlimmingTreatment Session (up to 1 hour)	£200
CryoSlimming Package (5 Sessions)	£800
Per CryoToning/CryoFacialTreatment Session	£100
CryoSoothe – for Sports Injuries and Muscular Pains	£50

Clinic Locations and how to book

To book please call 07515542346 or send an email to lena@bloommedical.co.uk

To access the website, www.bloommedical.co.uk

Clinic Locations

South Wales:

Chepstow

Three,

3 St Marys Street, Chepstow. NP16 5EW

Usk

Cortes & Co Beauty Clinic,

6 Bridge St, Usk NP15 1BG

London:

Clinics in Mayfair and Knightsbridge – please contact for further details.

This price and treatment list is for Southwest and Wales only.

